



How To Work The Crochet-Knit Stitch or "Waistcoat Stitch"

Step 1: Create your foundation

- Start with a chain and join it with a slip stitch to form a ring if working in the round, or just a chain if working in a flat row.
- Create a base row of single crochet stitches. For working in the round, you will work a single crochet into each chain and then join the round with a slip stitch.



For a flat piece, you will single crochet in the second chain from the hook and across, then chain one and turn.

Step 2: Work the knit/waistcoat stitch

- **Locate the center:** Instead of going under the two top loops, find the center of the "V" on the front of the stitch from the previous row.
- **Insert the hook:** Insert your hook directly into the center of that "V".
- **Pull up a loop:** Yarn over and pull a loop of yarn through the stitch. It helps to pull up a taller loop to make the next stitch easier.
- **Complete the stitch:** Yarn over again and pull the yarn through both loops currently on your hook. You should have one loop left on the hook.

Repeat: Continue this process for each stitch in the row or round.



Tips & Tricks

Use a larger hook: A bigger hook makes it easier to insert into the center of the stitch, especially when starting.

Keep stitches loose: Work your stitches loosely in the foundation row to make the following rounds easier to get into.

Pull up a taller loop: Pulling up a taller loop each time will make your stitches less tight and easier to work into.

Use a pointy hook: A pointier hook can help you get into the center of the stitch more easily.